



Ladies First Racing

May 19 – September 29, 2024



NOTICE OF RACE

Royal Nova Scotia Yacht Squadron

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing 2021- 2024*.
- 1.2 All aspects of the current RNSYS Constitution and Bylaws shall apply.
- 1.3 Handicap fleet boats shall compete with equipment that is compliant with their PHRF-NS certificate.

2 SAILING INSTRUCTIONS

The Sailing Instructions for each race will be available on the RNSYS website (www.rnsys.com/events/ladies-first) no later than the Friday prior to each race.

3 COMMUNICATION

- 3.1 The online official notice board is located at www.rnsys.com/events/ladies-first.
- 3.2 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio channel 72.
- 3.3 From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions relevant to the races and shall not receive voice or data communication relevant to the races that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The regatta is open to all boats with a valid PHRF-NS handicap.
- 4.2 Eligible skippers may enter by registering for each race individually online at www.rnsys.com/events/ladies-first. Online registration is mandatory.
- 4.3 Registration for each race will close the Friday prior at noon.
- 4.4 Persons who have been suspended or expelled from the RNSYS shall not be present on RNSYS property.
- 4.5 Persons who wish to use an RNSYS J22 for a race should contact racedirector@rnsys.com to make arrangements.

5 FEES

There is no entry fee for this event.

6 SCHEDULE

- 6.1 There will be a competitor's meeting for each of the races at 1130 on the day of the race.
- 6.2 Race schedule:
- | <u>Date</u> | <u>First signal</u> |
|--------------|---------------------|
| May 19 | 1300 |
| June 23 | 1300 |
| July 14 | 1300 |
| August 25 | 1300 |
| September 29 | 1300 |
- 6.3 The event is planned to consist of one race each day for a maximum total of five (5) races. The number of races each day and the maximum number of races could change.

7 HANDICAPS & CLASS SPLITS

- 7.1 Handicap yachts shall have a valid PHRF-NS rating listed on the Sail Nova Scotia yacht database. Boats not listed on this database will be given a provisional handicap. Boats not listed on the Sail Nova Scotia yacht database shall give at least one week notice of intent to compete so that a handicap can be assigned. This provisional handicap cannot be contested during the course of the event.
- 7.2 Class splits, if any, will be decided prior to each race and announced at the competitor's meeting for that race.
- 7.3 Boats wishing to race without a spinnaker shall declare as such at time of registration.

8 VENUE

- 8.1 The regatta is hosted by the Royal Nova Scotia Yacht Squadron. Visiting yachts will be provided with a marina berth or mooring free of charge from the Saturday prior to each race through to the Monday following each race. Visiting yachts should contact the RNSYS Dockmaster before or upon arrival by VHF Channel 68 or by phone at (902) 477-5653 ext. 110 to be assigned a marina.
- 8.2 Racing will take place in Halifax Harbour and its Approaches.

9 COURSES

Courses shall be windward/leeward and/or buoy races. Courses shall be made up of marks included on the Sail Nova Scotia Course Card (available at <https://www.rnsys.com/race-schedule/ladies-first>) and as described in the SI.

10 SCORING

- 10.1 One (1) race is required to be completed to constitute a series.
- 10.2 A skipper's series score will be the total of their race scores.

11 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

12 INSURANCE

Participating yachts shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per event or the equivalent.

13 PRIZES

13.1 Prizes for each race shall be awarded directly after that race.

13.2 Overall trophies for the event shall be awarded at the RNSYS Annual Awards Banquet and Prize Presentations (November 2nd).

14 FURTHER INFORMATION

14.1 Additional information may be provided via the RNSYS website (<http://www.rnsys.com>), RNSYS e-mail blasts and through the RNSYS Facebook page (<http://www.facebook.com/rnsys>).

14.2 For further information please contact the RNSYS Race Director at racedirector@rnsys.com or (902) 414-3284 or the Vice Commodore of Sailing at vcsailing@rnsys.com.