

RACE TEAM PROGRAMS



AT THE SQUADRON

LEARN & ACHIEVE ON
HALIFAX'S NORTHWEST ARM



REGISTER TODAY FOR

2024 PROGRAMS



Our Mission

- PROVIDE SAFE, CHALLENGING, AND EDUCATIONAL SESSIONS DURING TRAINING AND COMPETITIONS.
- PROMOTE SEAMANSHIP, SPORTSMANSHIP, AND LIFELONG INTEREST IN SAILING TO YOUNG PEOPLE IN OUR COMMUNITY.
- OFFER A LEADING PROGRAM WITH UP-TO-DATE EQUIPMENT, RANGING FROM COMPETITIVE RACING AT THE LOCAL LEVEL TO NATIONAL AND INTERNATIONAL LEVELS.
- PROVIDE A TRAINING/RACING PATHWAY FOR ATHLETES INTERESTED IN QUALIFYING AND PERFORMING AT:
 - REGIONAL & NATIONAL YOUTH EVENTS
 - OPTIMIST INTERNATIONAL EVENTS
 - WORLD SAILING YOUTH WORLDS
 - U-21 WORLDS
 - CANADIAN NATIONAL SAILING TEAM

**ATHLETE
CENTERED**

**COACH
DRIVEN**

**PARENT/CLUB
SUPPORT**

Participant & Parent Information Sessions:

An opportunity to ask questions about the program offerings for 2024

- 6:00pm Feb 6, 2024 at RNSYS
- 7:00pm Feb 22, 2024 online - email sailnow@rnsys.com for link

RACE TEAMS

OPTI RACE TEAM	PAGE 3
OPTI LEARN TO RACE TEAM	PAGE 4
ILCA (LASER) RACE TEAM	PAGE 5
29ER RACE TEAM	PAGE 6
WASZP RACE TEAM	PAGE 7

CLINICS

PAGE 8

PROGRAM INFORMATION

FEES	PAGE 9
MEMBERSHIP	PAGE 10
TRAINING SCHEDULES	PAGE 10
REGATTA TRAVEL & PARENT SUPPORT	PAGE 11
CANCELLATION POLICY & HST POLICY	PAGE 12
SENIOR MEMBERSHIP	PAGE 12





OPTIMIST RACE TEAM

For sailors who have Optimist sailing experience and who love the competitive sport of sailboat racing, this program is for you! Sailors who are in this program will continue to refine boat handling skills and theory both on and off the water. Sailors will master sailing skills, complete practice race drills and build confidence in sailboat racing. Sailors in the Optimist Race Team Program will be able to race successfully in the white, blue and red optimist race courses.

Sailors will have the opportunity to participate in local, regional and international regattas. Regatta and clinic schedule is outlined below. Attendance to all regattas is not mandatory, should the sailor not attend the regatta every effort will be made for training opportunities at home. Please note in the event that the group gets too large it may be divided into intermediate and advanced based on skill, commitment and attitude.

Training Schedule 2024


Date Range	Location	Training Times
ICE Breakers April 6-28	RNSYS	Saturday and Sunday 10:00am to 4:00pm
Spring Training May 2 - June 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
Summer Training July 1 - Aug 23	RNSYS	Monday to Friday 9:00am - 4:00pm
Pre-Bay Wind Training July 16-19	SMSC	Monday to Friday 9:00am - 4:00pm
Fall Training Sept 7 - Oct 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
<i>See 'Training Schedules' page for more information on 2024 training.</i>		

Training Cost 2024

Training Package	Cost	Registration Deadline / Notes
Full Season	\$4,750	April 15, 2024
Full Season - Early Bird Discount	\$4,150	Feb 29, 2024
ICE Breakers	\$320 (\$40/day)	None
Spring Training	\$1,150	Includes May Performance Clinic
Summer Training	\$3,000	Includes Labour Day Performance Clinic
Fall Training	\$1,000	None
<i>See 'Team Fees' page for a breakdown of what is covered within team fees.</i>		

Regatta and Clinic Events Schedule 2024

Event	Location	Dates
Spring Dinghy Regatta	RNSYS	May 11+12, 2024
RNSYS Performance Clinic	RNSYS	May 17, 18, 19, 20, 2024
Lemon Lime Clinic	HudsonYC, Quebec	Dates TBC - Early June
COAST Clinic	RNSYS	July 11-14, 2024
Bay Wind Regatta	SMSC	Training July 16-19 Regatta July 20-21, 2024
ARK Regatta	BBYC	July 27-28, 2024
Opti CORK	POH, Kingston, Ontario	Team Racing Aug 1 Regatta Aug 2-4, 2024
Sail Fest	LYC	Aug 8-9, 2024
Opti New England Championship	Sail Newport, USA	Aug 13-15, 2024
Opti Canadian Championship	HudsonYC, Quebec	Aug 18-24, 2024
RNSYS Performance Clinic	RNSYS	Aug 29-Sept 2, 2024
Fall Dinghy Regatta	RNSYS	Oct 19-20, 2024
South Carolina Yacht Club Team Racing Invitational	SCYC, USA	Remembrance Day Weekend, 2024
Orange Bowl Regatta	Coral Reef YC, USA	Dates TBC Training Pre-XMas Regatta Dec 26-30, 2024
Miami Sailing Week	Miami, USA	Dates TBC - March 2025
<i>Regatta/Clinic Schedule is subject to change based on participation, host changes, coach & parent input.</i>		



OPTIMIST Learn To RACE TEAM

For sailors who have Optimist experience, who love competitive sport and are new to the sport of sailboat racing this program is for you! Sailors who are in this Learn to Race program will continue to refine boat handling skills and theory both on and off the water. Sailors will master sailing skills, complete practice race drills and build confidence in sailboat maneuvers.

Sailors in the Optimist Learn to Race Team Program will be able to sail independently in the beginner race courses on Northwest Arm and Halifax Harbour. CANSail levels will be accredited where appropriate. Sailors will have the opportunity to participate in club and local regattas, although regatta attendance is not mandatory. This program is designed for sailors to have fun on the water.

Training Schedule 2024

Date Range	Location	Training Times
ICE Breakers April 6-28	RNSYS	Saturday and Sunday 10:00am to 4:00pm
Spring Training May 2 - June 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
Summer Training July 1 - Aug 23	RNSYS	Monday to Friday 9:00am - 4:00pm
Pre-Bay Wind Training July 16-19	SMSC	Monday to Friday 9:00am - 4:00pm
Fall Training Sept 7 - Oct 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm

See 'Training Schedules' page for more information on 2024 training.

Training Cost 2024

Training Package	Cost	Registration Deadline / Notes
Full Season	\$4,750	April 15, 2024
Full Season - Early Bird Discount	\$4,150	Feb 29, 2024
ICE Breakers	\$320 (\$40/day)	None
Spring Training	\$1,150	Includes May Performance Clinic
Summer Training	\$3,000	Includes Labour Day Performance Clinic
Fall Training	\$1,000	None

See 'Team Fees' page for a breakdown of what is covered within team fees.

Regatta and Clinic Events Schedule 2024

Event	Location	Dates
Spring Dinghy Regatta	RNSYS	May 11+12, 2024
RNSYS Performance Clinic	RNSYS	May 17, 18, 19, 20, 2024
Lemon Lime Clinic	HudsonYC, Quebec	Dates TBC - Early June
COAST Clinic	RNSYS	June 25-30, 2024
RNSYS Performance Clinic	RNSYS	July 11-14, 2024
Bay Wind Regatta	SMSC	Training July 16-19 Regatta July 20-21, 2024
ARK Regatta	BBYC	July 27-28, 2024
Sail Fest	LYC	Aug 8-9, 2024
Opti Canadian Championship	HudsonYC, Quebec	Aug 18-24, 2024
RNSYS Performance Clinic	RNSYS	Aug 30-Sept 2, 2024
Fall Dinghy Regatta	RNSYS	Oct 19-20, 2024

Regatta/Clinic Schedule is subject to change based on participation, host changes, coach & parent input.



ILCA 4 & 6 (Laser 4.7 & Radial) racing program for youth to develop their skills in the ILCA (Laser) class. For sailors with Optimist racing experience or previous ILCA 4 & 6 experience in the competitive sport of sailboat racing, this program is for you! Sailors in this program will continue refining boat handling skills and theory both on and off the water. Sailors will master ILCA sailing skills, complete practice race drills, and build confidence in sailboat racing.

Regatta schedule is below. Sailors in the ILCA Race Program will have the opportunity to participate in club and local regattas with club support for competitive sailors looking to be successful at regional, youth national and national championships, U19 World, U21 Worlds, and Youth worlds. This program is designed for sailors to have fun competing on the water and work to achieve their goals.

Training Schedule 2024		
Date Range	Location	Training Times
ICE Breakers April 6-28	RNSYS	Saturday and Sunday 10:00am to 4:00pm
Spring Training May 2 - June 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
Summer Training July 1 - Aug 23	RNSYS	Monday to Friday 9:00am - 4:00pm
Pre-Bay Wind Training July 16-19	SMSC	Monday to Friday 9:00am - 4:00pm
Pre-Youth Champs Training	POH	August 2-5 Each Day 9:00am - 4:00pm
Fall Training Sept 7 - Oct 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
See 'Training Schedules' page for more information on 2024 training.		

Training Cost 2024		
Training Package	Cost	Registration Deadline / Notes
Full Season	\$4,750	April 15, 2024
Full Season - Early Bird Discount	\$4,150	Feb 29, 2024
ICE Breakers	\$320 (\$40/day)	None
Spring Training	\$1,150	Includes May Performance Clinic
Summer Training	\$3,000	Includes Labour Day Performance Clinic
Fall Training	\$1,000	None
See 'Team Fees' page for a breakdown of what is covered within team fees.		

Regatta and Clinic Events Schedule 2024		
Event	Location	Dates
Spring Dinghy Regatta	RNSYS	May 11+12, 2024
RNSYS Performance Clinic	RNSYS	May 17, 18, 19, 20, 2024
ILCA District 1 Championship	Bras D'Or YC	June 22-23, 2024
RNSYS Performance Clinic	RNSYS	July 11-14, 2024
Bay Wind Regatta & ILCA Canadian Championship	SMSC	Training July 16-19 Regatta July 20-21, 2024
ARK Regatta	BBYC	July 27-28, 2024
Sail Canada Youth Championships	POH, Kingston, ON	Aug 6-9, 2024
Sail Fest	LYC	Aug 8-9, 2024
RNSYS Performance Clinic	RNSYS	Aug 30-Sept 2, 2024
Fall Dinghy Regatta	RNSYS	Oct 19-20, 2024
Orange Bowl Regatta	Coral Reef YC, USA	Dates TBC Training Pre-Christmas Regatta Dec 26-30, 2024
ILCA Midwinters East	Location TBC	Dates TBC - Early Feb
Miami Sailing Week	Miami, USA	Dates TBC - March 2025
Regatta/Clinic Schedule is subject to change based on participation, host changes, coach & parent input.		

29er RACE TEAM

For sailors with Optimist racing experience, ILCA or c420 experience who like sailing with others and working in a team and are looking for their next challenge in a fast exciting boat- this program is for you! This program is designed for sailors new to the 29er to build skills in the boat. Sailors in this program will continue refining boat handling skills and theory both on and off the water. Sailors will work to master 29er sailing skills, complete practice race drills, and build confidence in sailboat racing. Sailors in this program will build skills in spinnaker, trapeze, communication and teamwork. The Head coach will set regatta schedules. Sailors in the double-handed Race Program can participate in club and local regattas, although regatta attendance is not mandatory. This program is designed for sailors to have fun competing on the water.

Training Schedule 2024

Date Range	Location	Training Times
ICE Breakers April 6-28	RNSYS	Saturday and Sunday 10:00am to 4:00pm
Spring Training May 2 - June 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
Summer Training July 2 - Aug 23	RNSYS	Monday to Friday 9:00am - 4:00pm
Pre-Bay Wind Training July 16-19	SMSC	Monday to Friday 9:00am - 4:00pm
Pre-Youth Champs Training	POH	August 2-5 Each Day 9:00am - 4:00pm
Summer Kingston Training Aug 12-15	POH	Monday to Friday 9:00am - 4:00pm
Fall Training Sept 7 - Oct 23	RNSYS	Thursday and Friday Afternoons 4:30-7:30pm Saturday and Sunday 10:00am to 4:00pm
<i>See 'Training Schedules' page for more information on 2024 training.</i>		

Training Cost 2024

Training Package	Cost	Registration Deadline / Notes
Full Season	\$4,750	April 15, 2024
Full Season - Early Bird Discount	\$4,150	Feb 29, 2024
ICE Breakers	\$320 (\$40/day)	None
Spring Training	\$1,000	Includes May Performance Clinic
Summer Training	\$3,000	Includes Labour Day Performance Clinic
Fall Training	\$1,000	None
<i>See 'Team Fees' page for a breakdown of what is covered within team fees.</i>		

Regatta and Clinic Events Schedule 2024

Event	Location	Dates
Spring Dinghy Regatta	RNSYS	May 11+12, 2024
RNSYS Performance Clinic	RNSYS	May 17, 18, 19, 20, 2024
RNSYS Performance Clinic	RNSYS	July 11-14, 2024
Bay Wind Regatta	SMSC	Training July 16-19 Regatta July 20-21, 2024
ARK Regatta	BBYC	July 27-28, 2024
Sail Canada Youth Championships & 29er North Americans	POH, Kingston, ON	Aug 6-9, 2024
Sail Fest	LYC	Aug 8-9, 2024
29er Canadian Championship	POH, Kingston, ON	Aug 16-18, 2024
RNSYS Performance Clinic	RNSYS	Aug 30-Sept 2, 2024
Fall Dinghy Regatta	RNSYS	Oct 19-20, 2024
Orange Bowl Regatta	Coral Reef YC, USA	Dates TBC Training Pre-XMas Regatta Dec 26-30, 2024
29er Midwinters East	Location TBC	Dates TBC - Mid Feb
Miami Sailing Week	Miami, USA	Dates TBC - March 2025
<i>Regatta/Clinic Schedule is subject to change based on participation, host changes, coach & parent input.</i>		



WASZP RACE TEAM

Announcing Canada's first Waszp Race Program. For sailors with Optimist, ILCA or Double-handed experience in the competitive sport of sailboat racing, this program is for you! Sailors who are in this program will continue to refine boat handling skills, race strategy, and tactical race skills. Sailors will master foiling skills, complete practice race drills, and build confidence in Waszp sailing. Sailors in the Waszp Race Program will have the opportunity to participate in local, regional, national, and international regattas. Regatta schedule is below. This program is designed for sailors to have fun competing and foiling on the water.

This program will provide on-water support for each of the regular training sessions as well as technical debrief support, however, it will not provide a traditional full-time coach as with other programs. During the intensive training blocks prior to events, guest expert coaches will be provided. Program support will be provided in partnership with WeCANFoil For certain regular training days guest expert coaches will be present.

Training Schedule 2024		
Date Range	Location	Training Times
ICE Breakers April 6-28	RNSYS	Saturday and Sunday 10:00am to 4:00pm
Spring Training May 2 - June 23	RNSYS	Tuesday, Saturday, Sunday 4:30pm to 7:30pm
Summer Training July 2 - Aug 23	RNSYS	Tuesday, 4:30pm - 7:30pm & Saturday, Sunday Noon-4:00pm
Pre North American Champs Intensive Training	RNSYS	August 10-14 10:00am to 4:00pm
Fall Training Sept 1 - Oct 30	RNSYS	Tuesday, Saturday, Sunday 4:30pm to 7:30pm

See 'Training Schedules' page for more information on 2024 training.

Regatta and Clinic Events Schedule 2024		
Event	Location	Dates
Spring Dinghy Regatta	RNSYS	May 11+12, 2024
WASZP ACCs	Toms River, USA	June 14-16, 2024
Foil Kingston (FORK)	POH, Kingston, ON	July 5-7, 2024
WASZP MidSummers Regatta	POH, Kingston, ON	Aug 2-4, 2024
WASZP North American Championships	RNSYS	Aug 20-25, 2024
Fall Foiling CORK	POH, Kingston, ON	Sept 21-22, 2024
CANFoil Week	RNSYS	Oct 1-6, 2024
CANFoil Cup	RNSYS	Oct 5-6, 2024
Fall Dinghy Regatta	RNSYS	Oct 19-20, 2024

Regatta/Clinic Schedule is subject to change based on participation, host changes, coach, parent & athlete input.

Training Cost 2024		
Training Package	Cost	Registration Deadline / Notes
Full Season	\$1,700	April 15, 2024
Full Season - Early Bird Discount	\$1,100	Feb 20, 2024
ICE Breakers	\$320 (\$40/day)	None
Spring Training	\$500	April 15, 2024
Summer Training	\$500	June 1, 2024
Pre North American Champs Intensive	\$450	None
Fall Training	\$500	Aug 15, 2024

See 'Team Fees' page for a breakdown of what is covered within team fees.



RNSYS Racing Clinics are excellent opportunities to develop your skills and take advantage of top-end, internationally acclaimed coaching from RNSYS' own race coaches and special guest coaches.

Performance Clinics:

The RNSYS High-Performance Clinic Program provides unique high-performance training opportunities for sailing athletes with top-quality coaching. World-class coaches and support from RNSYS provide for a great training environment where sailors will have the opportunity to develop their skills and learn from the best of the best. These four-day clinics will feature training opportunities for sailors in a variety of classes with class-specific experts and an overall guest expert coach for each clinic. As well as integrated sports science support in the areas of nutrition, mental performance, and strength & conditioning. Each clinic includes breakfast snacks on every training day, as well as dinner following training each day with an evening presentation. Check back to the 'Clinics' page on the RNSYS website and on social media for more announcements about our performance clinics over the May Long weekend and Labour Day weekend. Sailors are welcome to attend these clinics with or without a coach and whole teams are also welcome to attend clinics.

COAST Clinic:

The premier Optimist clinic in Atlantic Canada. The COAST clinic provides a great opportunity for Opti sailors to come together with top-end coaching and with other sailors from across Atlantic Canada. Special guest coaches and speakers will provide insight into Opti racing, tactics, and where Opti sailing can take you. Snacks following training each day will be included and a special end of clinic BBQ on the 14th of July!

CANFoil Week:

Canada's premier foiling week. The CANFoil Week provides an opportunity for great foiling training with top-end coaches and for those new to foiling to experience this exciting part of the sport. There will be training in WASZP, Wingfoil, IQFoil, and other foiling disciplines available. Along with special presentations and events to do with foiling. For more information check the RNSYS website later in 2024.

Clinics are OPEN to anyone interested in attending, RNSYS membership or Race Team participation is NOT required. For some clinics discounts are provided for members or the clinic is included in race team dues for the season.

All clinic information will be continually updated on our website as we approach the dates. Keep an eye out for special announcements and information about the clinics. If you would like to stay informed email: sailnow@rnsys.com

2024 Clinic Dates and Costs		
Clinic	Dates	Cost
RNSYS Performance Clinic	May 17-20, 2024	\$250 \$200 for members Included in RT Dues
COAST Opti Clinic	July 11-14, 2024	\$200 \$100 with race team participation
RNSYS Performance Clinic	Aug 29-Sept 2, 2024	\$250 \$200 for members Included in RT Dues
CANFoil Week	Oct 1-6, 2024	Pricing TBD and based on specific clinic within CANFoil Week



PROGRAM INFORMATION

Fees

The RNSYS Race Team is partially subsidized by the membership of RNSYS as well as supported by sponsors.

Race Team Program fees include:

- Coach Salary
- Use & maintenance of RNSYS coach boats by the team
- Use & maintenance of RNSYS trailers by the team
- Use of race team educational assets (projector, technical equipment, marks, etc)
- Access to the RNSYS Performance Clinics help throughout the season (excluding the CANFoil week clinics)
- The Scheduled days of training as outlined in the "Training Schedule" table for each team
 - Race team fees DO NOT include the April ICEBreaker sessions (these can be purchased as a package or individually)
 - Training schedule subject to change see "Training Schedules" section below

Race Team Program fees do not include:

- Coach expenses for regatta travel
- Trailer expenses for regatta travel
- Any expenses related to sailors traveling to regattas
- Athlete's boat - for all race team programs athletes must provide their own boat. Limited charters are available at additional cost.

Regattas:

- Transport of coach boat, trailers, and coach expenses within the HRM & South Shore of Nova Scotia are included in race team fees.
- Prior to an event outside of the HRM or South Shore an estimate of the regatta expenses will be provided to the team with each sailor's share outlined (dependent on the number of sailors attending)
- Each sailor will be charged 50% of the expenses upfront and then will be charged the difference between that 50% and the real cost of expenses following the event.
 - For example: if the estimated cost is \$500/sailor the sailor will be charged \$250 prior to the event. If after the event the real cost per sailor was \$450 they would only be charged an additional \$200 OR if the real cost turned out to be \$550 they would be charged \$300.
- ONLY the participating sailors will be charged for these events. Participation is not mandatory if a sailor does not participate every effort will be made to provide them with alternative training opportunities.
- Not participating at a regatta does not entitle a participant to a refund of race team fees.
- If you wish to race with the RNSYS race team at a regatta and receive coach support the cost is \$85/day at regattas within Nova Scotia and \$125/day for regattas outside of Nova Scotia. Participation with the team is subject to approval by the RNSYS Sailing Director - please contact programming@rnsys.com to discuss regatta support.

Entry, Fees and Payment Plans

- You may charge your race team program fees to a member account on a monthly payment plan billed monthly from April - September. By registering for the 'Full-Season Deposit' in clubspot you will automatically be enrolled in this plan. The full-season cost will be applied based on the date of your registration for the deposit.
- The Sail Training team understands that the cost of participation in the sport of sailing is high if you would like to discuss payment options please reach out to programming@rnsys.com to confidentially discuss what options are available to you.
- If you would like to register past the deadline for a particular program please email programming@rnsys.com



PROGRAM INFORMATION

Membership

Junior membership is required for all participants in our Race Team Programs.

- All participants must be members in good standing of a yacht club to race competitively.
- Junior Membership for the 2024 year is \$185 + tax.
- Please contact Callie MacDonald, Communications & Membership Manager, for membership inquiries. communications@rnsys.com

Training Schedules

Each Team's training schedule is outlined in the "Training Schedule" table on each team's information page. The training schedule outlined in this document is subject to the following:

- Days may be added or removed at the discretion of the team coach and RNSYS Sailing Director as they see fit in the following circumstances:
 - Additional training days at a regatta location before the event
 - Days removed for rest following a regatta or after a training block
 - Exceptional weather circumstances
- Training location may be changed at the discretion of the team coach and RNSYS Sailing Director in preparation for an event

The following are NOT included in the full-season training cost and schedule:

- ICEBreaker training during April is NOT included in the full-season training cost.
- There will be NO training on the following dates:
 - May 30, 31, June 1, 2 - there will be NO race team training due to the Rockwool Canada SailGP Halifax event, as the harbor will be closed and our coach boats will be in use
 - August 26, 27, 28 - to provide athletes with a break and an opportunity to prepare for the school season before the RNSYS Performance clinic on Labour Day weekend
- CANFoil Week is NOT included in full-season training packages and must be registered for separately.
- Any 49er/49erFX transition blocks are NOT included in full-season training packages and must be registered for separately.
- COAST Clinic is NOT included in full-season training packages and must be registered for separately.
- Any RNSYS-hosted regatta must be registered for separately - participation in the RNSYS Race team program does not provide entry into RNSYS regattas.

Regatta Participation:

- Participation is not mandatory if a sailor does not participate every effort will be made to provide them with alternative training opportunities if the event is taking place during regular training times.

Daily Routine:

- Training sessions will follow the indicated training schedule unless adjusted by the coach
- Sessions will include a fitness component.
- At regatta venue: Indicated by the coach in advance.
- In case of bad weather: Sessions will not be canceled due to weather as they can be adapted for land sessions which are always needed (rules, tactics, etc).



PROGRAM INFORMATION

Regatta Travel & Parent Support

Regatta Travel

- RNSYS is not responsible for travel logistics for the race team except for the coach and coach boat.
- Coach expenses (transportation, accommodations & meals) and coach boat expenses (delivery, venue fees & storage) when travelling are to be covered only by the sailors involved in such travel and not by the sailors not involved. RNSYS will provide an estimate for coach & coach boat costs prior to each trip.
- The coach is only responsible for the sailing session. It is mandatory for underage sailors to be supervised by an adult during away regattas.
- We encourage underage sailors to form POD (Parent On Duty) groups when travelling to regattas to reduce the time and cost of having adults on the road with the sailors. A POD group is a group of sailors whose parents have agreed to assign a POD and share the travelling expenses of that group (transportation, accommodations, meals, etc).
- When and if a POD submits expenses from a trip to RNSYS, the club will reimburse the POD and bill back the share for each sailor in such POD group through member account.

Parent Support

Parent support is a key pillar of the program. Because our program has very limited resources and we work hard to get the most out of them, we rely on EVERY parent for extra support to the team. It is that extra support from the parents that makes a difference. We are very fortunate to have such a fantastic program thanks to all the parents who put great extra effort into supporting the team. Because every parent is willing to support but many times it's difficult to find the time or opportunity, here is a list of different ways to support:

- Chaperone during a trip
- Drive sailors and/or trailer to regatta sites
- Lend your towing/passenger vehicle for the team to travel to regattas
- Search accommodations and organize logistics for trips
- Host a team bonding bbq
- Billet a sailor for part of the summer

There must be a chaperone on every trip. When travelling with minors, a coaching figure, as well as a supporting adult figure, is needed for team success. Those two figures cannot fall on the same person. The chaperone or Parent On Duty is a great source of support for the coach and sailors during a trip and ultimately the responsible adult in charge of the underage members of the team.

Please note that when sending your child on a trip on their own, you are accepting the chaperoning style & living rules of the adult supervising your kid. For example, if you read a bedtime story to your kid every night, do not expect the chaperone to do so (although we are constantly surprised about how far chaperones go to accommodate every sailor's food choice or needs).

REGISTRATION & CANCELLATION POLICIES

Cancellation Policy

1. A confirmation email will be sent to all applicants upon receipt of registration. Once this confirmation email has been sent, participant interest in attending the course is assumed unless the RNSYS is informed otherwise.
2. If, upon receipt of registration, a course is full the applicant will automatically be waitlisted. A waitlist email notice will be sent out to applicants who have been placed on a waitlist.
3. If space comes available, waitlisted registrants will be automatically notified of the availability.
4. No refund is provided for race team courses unless in exceptional circumstances at the discretion of the RNSYS sailing director.
5. Any registration credits provided are non-transferable and must be used by the participant's family.

HST

We are required to charge HST on all instructional courses and race programs offered to individuals 14 years of age and over at the time of the course, unless the individual is disabled. When HST is applicable it will be noted in the course profile. When payment is received without HST included, but it is applicable, the sender will be contacted to remit the HST.



JOIN US ALL SUMMER WITH A MEMBERSHIP TO THE SQUADRON

SENIOR MEMBERSHIPS

\$920+

MEMBERSHIP INCLUDES:
DISCOUNTS ON ALL YOUTH AND ADULT PROGRAMS
RECIPROCAL PRIVILEGES
PERSONAL MEMBER NUMBER
FULL DINING AND POOL PRIVILEGES
ABILITY TO BRING GUESTS
MARINA PRIVILEGES
SPECIAL RATES FOR CLUB EVENTS SPACE

***SOME RESTRICTIONS APPLY**
CONTACT COMMUNICATIONS@RNSYS.COM

