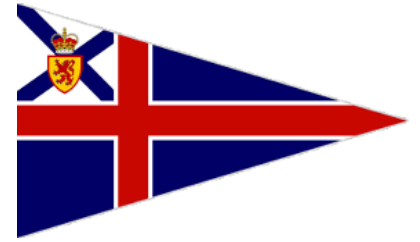


Royal Nova Scotia Yacht Squadron



49er/49erFX Winter Program

In this booklet, you will find all the information regarding our winter training program for 49er sailors in 2023/2024.

RNSYS 49er Program Overview

The RNSYS 49er/49erFX program aims to provide comprehensive training and development opportunities to sailors who are in the 49er/49erFX class or who are interested in exploring a transition to the 49er/49erFX class. The goal of this program is to develop 49er/49erFX athletes and support them in achieving their goals in the class. The focus of these winter camps will be on boat handling, skill enhancement, and exposure to top-end coaching. These five-day blocks will build and consolidate skills.

This guide outlines the structure, events, cost, and options available to participants.

Overview of Training Camps:

- November 13-17, 2023
- January 1-5, 2024
- February 19-23, 2024

Program Contacts

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Registration
[Click Here](#)

ATHLETE

CENTERED

COACH

DRIVEN

PARENT/CLUB

SUPPORT

Fees

Training Camp Registration Fees

The registration fee for each training camp covers the following:

- Coach Salary
- Use of coach boat & transportation cost of coach boat to events
- Coaching educational equipment
- Coaching Expenses (such as fuel, accommodation, transportation, etc.)

Charter Fees

The Charter Fee for each camp is \$140 per sailor per day during camps. However, 50% of your charter fee will be returned to you following the camp less any damage to the boat during the camp.

The charter fee includes the use of the boat and sails for the five days of the training camp.

At the start of the week a damage report form will be filled out detailing any issues with the boat this form will then be reassessed following the event and fees will be taken from your damage deposit to cover the cost of the broken equipment.

The charter fee will be invoiced following confirmation of your charter and payment of your registration fee. You must pay your charter fee by the due date specified on the invoice.

Registration Minimums & Deadline

For each training camp, there must be a minimum of three boats signed up and camp participation must be confirmed with payment by October 20, 2023.

Training Options

Training Camp 1 - Miami

Where: Miami, Florida (Exact Location TBD)

When: November 13-17, 2023

Registration Fee: \$1,300 per team (\$650 per sailor)

Charter Fee: \$700 (50% as a damage deposit) (per team)

Training Camp 2 - Clearwater

Where: Clearwater, Florida (Exact Location TBD)

When: January 1-5, 2024

Registration Fee: \$1,300 per team (\$650 per sailor)

Charter Fee: \$700 (50% as a damage deposit) (per team)

Training Camp 3 - Miami

Where: Miami, Florida (Exact Location TBD)

When: February 19-23, 2024

Registration Fee: \$1,300 per team (\$650 per sailor)

Charter Fee: \$700 (50% as a damage deposit) (per team)

Independent Training Opportunities

Are you looking for a training opportunity in the 49er/49erFX that doesn't fall within our program offerings? Take advantage of our independent training opportunities where you can sail where and when you decide.

Where: You Decide!

When: You Decide!

Registration Fee: \$500/day per team

Charter Fee: \$200/day

Additional Fees: If there are transportation fees or facility usage fees as part of the training location these will be invoiced back to the participants.

Registration Process: You must confirm availability, book, and pay at least two weeks prior to your desired dates.