

## RNSYS sailor and Provincial Team member Casey McDermott competes in Spanish *International 420* National Championships

Casey McDermott has been sailing in the International 420 Class with the French team out of Yacht Club de Mauguio Carnon in Montpellier in the south of France. Casey has been in France since last September taking her grade 11. Recently her yacht club sent 4 teams to compete in the Spanish *International 420* Nationals in Blanes, just north of Barcelona.



Many early challenges including huge swell and heavy air left her and her light crew, Marie Josselin, competing in the silver fleet where they eventually finished 20<sup>th</sup>. There were 120 boats competing in the *International 420* which is one of the more competitive double-handed fleets in Europe. Team mates from Yacht Club de Mauguio Carnon came 2<sup>nd</sup>, narrowly missing an overall win.

Casey returns to sailing in Nova Scotia in mid-June in the CII fleet.

More info can be found on the event website at: <http://www.cvblanes.cat/>