

HIGH LINER FOODS



Coupe Mobilité

Mobility Cup 2013

RNSYS
HALIFAX NS CANADA

SAILING INSTRUCTIONS

August 26-30, 2013
 Royal Nova Scotia Yacht Squadron
 &
 AbleSail Network of Canada



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Royal Nova Scotia Yacht Squadron
376 Purcell's Cove Road, Halifax, Nova Scotia

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current edition of *The Racing Rules of Sailing*.
- 1.2 The Martin 16 class rules (Ratified January 31, 2005) in Single-Handed format will apply. Class Rules are available at:

<http://www.martin16.com/uploads/2005M16CAClassRules.pdf>

- 1.3 The first sentence of racing rule 44.1 is deleted and shall be replaced with: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing."
- 1.4 If there is a conflict between languages the English text shall take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the RNSYS Spar Loft.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0830hrs on the day it will take effect, except that any change to the schedule of races will be posted by 1700hrs on the day before it will take effect.

4 BOATS

- 4.1 Loaner boats may be provided for competitors, requesting them, who shall not modify them or cause them to be modified in any way except that
 - (a) a compass may be tied or taped to the hull or spars;
 - (b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
 - (c) hulls, centreboards and rudders may be cleaned, but only with water;
 - (d) adhesive tape may be used anywhere above the water line; and
 - (e) all fittings or equipment designed to be adjusted may be adjusted, provided the class rules are complied with.
- 4.2 All equipment provided with the boat for sailing purposes shall be in the boat while afloat.
- 4.3 The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.
- 4.4 Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

5 ASSISTIVE DEVICES

- 5.1 A limited number of Martin 16 Autohelm/windlass systems may be available through the organizing authority. Competitors must request an Autohelm/Windlass on their entry form.
- 5.2 Failure of the organizing committee to supply an, or failure of a supplied, Autohelm/Windlass shall not be grounds for redress under RRS 62.1a.

6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the flagpole on the shore side of the RNSYS Spar Loft.
- 6.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the race signal AP.

7 SCHEDULE OF RACES

7.1 Dates of racing:

<u>Date</u>	<u>Time</u>	<u>Gold Fleet</u>	<u>Silver Fleet</u>
Mon, Aug. 26, 2013	1130hrs - 1630hrs	Practice race (loading at 1115hrs, first signal at 1215hrs)	Practice race (loading at 1415hrs, first signal at 1515hrs)
Tue, Aug. 27, 2013	10:30 AM	Racing	-
	2:00 PM	-	Racing
Wed, Aug. 28, 2013	10:30 AM	-	Racing
	2:00 PM	Racing	-
Thur, Aug. 29, 2013	10:30 AM	Racing	-
	2:00 PM	-	Racing
Fri, Aug. 30, 2013	10:30 AM	-	Racing
	2:00 PM	Racing	-

This changes the notice of race.

7.2 **Number of races:**

<u>Fleet</u>	<u>Number</u>	<u>Races per day</u>
Gold	Up to 12	Up to 3
Silver	Up to 12	Up to 3

7.3 The scheduled time for the competitors’ meeting and first signal for each sailing session will be as described below. The Competitors’ Meeting will be held at the shore side entrance to the RNSYS Spar Loft.

Mornings:	Competitors’ Meeting - 0830hrs	First Signal - 1030hrs
Afternoons:	Competitors’ Meeting - 1230hrs	First Signal - 1400hrs

- 7.4 After receiving confirmation from the ASN Dockmaster that all boats have left harbour and all boats have checked in at the signal boat, the race committee may proceed with a warning signal ahead of the scheduled time. In such case, an orange flag with one sound will be displayed at least four minutes before a warning signal is made.
- 7.5 After a long postponement, to alert boats that a race or sequence of races will begin shortly thereafter, an orange flag will be displayed, with one sound, for at least four minutes before a warning signal is displayed.
- 7.6 On Friday, August 30, 2013, no warning signal will be made after 1500hrs.

8 CLASS FLAGS

Class flags will be:

<u>Class</u>	<u>Flag</u>
Gold Fleet	Numeral Pennant 1
Silver Fleet	Numeral Pennant 3

9 RACING AREAS

Attachment 1 shows the location of racing areas. The racing area for each day will be announced at the Competitors' Meeting for each fleet as described in Sailing Instruction 7.3.

10 THE COURSE

Attachment 2 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course leg length will be 0.35 to 0.7 nautical miles.

11 MARKS

- 11.1 Mark 1 will be an orange tetrahedron and 2S/2P will be yellow tetrahedrons.
- 11.2 New marks, as provided in instruction 12.1, will be of contrasting colour and/or shape.
- 11.3 The start/finish pin will be an orange tetrahedron.
- 11.4 A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 13.3.

12 THE START

- 12.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 The starting line will be between a staff on the signal boat displaying an orange flag, at the starboard end, and the course-side extremity of the port-end starting mark.
- 12.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.2 The race committee may adjust the angle of a gate without making any signals.
- 13.3 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

14 THE FINISH

The finishing line will be between a staff on the signal boat displaying an orange flag, at the port end, and the course-side extremity of the starboard-end finishing mark.

15 TIME LIMITS

- 15.1 Time limits are as follows:

<u>Class</u>	<u>Mark 1 Time Limit</u>	<u>Race Time Limit</u>
Gold Fleet	20 minutes	60 minutes
Silver Fleet	20 minutes	60 minutes

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

- 15.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
- 15.3 Race committee may award a finish on course at the first leeward rounding to up to three boats which are more than a leg behind the leader. These boats will be held at the leeward end to expedite starting a subsequent race. Scoring code will be FOC.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the race administration desk, located at the RNSYS Spar Loft. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 90 minutes after the last boat in each fleet has finished the last race of the day for that fleet.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the RNSYS Spar Loft.
- 16.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.5 Breaches of instructions 12.3, 18, 21, 22, 23, and 24 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

- 16.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

- 16.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17 SCORING

- 17.1 One race in each fleet is required to be completed to constitute a series for that fleet.
- 17.2 When less than five races have been completed, a boat's series score will be the total of her race scores.
- 17.3 When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 SAFETY REGULATIONS

- 18.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 18.2 Competitors shall wear life jackets or other adequate personal buoyancy devices at all times while on the dock and afloat.
- 18.3 A whistle must be attached to every competitor's life jacket unless an exemption is granted by the ASN Dockmaster. Such exemptions will be posted on the official notice board before they are to take effect.
- 18.4 Every boat shall have a 7mm (0.25 in) x 6m (20 ft) painter attached to the bow eye, with the free end of the line within easy reach of the skipper.

19 REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless authorized by the ASN Dockmaster. Requests for substitution shall be made to the ASN Dockmaster at the first reasonable opportunity..

20 OFFICIAL BOATS

Official boats will be marked with yellow flags.

21 SUPPORT BOATS

- 21.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment.
- 21.2 Support boats shall be marked with pink streamers or flags as provided by the organizing authority and will be available to all support boats at the registration desk.

22 GARBAGE DISPOSAL

Boats shall not put any waste in the water. Waste may be placed aboard support and race committee boats.

23 HAUL-OUT RESTRICTIONS

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the ASN Dockmaster.

24 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25 PRIZES

Prizes will be given as specified in Notice of Race 17.

26 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27 INSURANCE

See Notice of Race 19 “Damage Policy & Insurance”.

28 FURTHER INFORMATION

For further information, please contact:

Regatta Chairman, Michael Archibald

Tel: (902) 488-2730

Email: chair@mobilitycup2013.ca

ATTACHMENT 1

Racing Areas



