

LIFELINE

NOVEMBER EDITION 2015

STAY **COZY** AT
THE SQUADRON
JOIN US FIRESIDE FOR LOTS OF SOCIAL EVENTS

BE KIND
TO YOUR
VESSEL

WINTER STORAGE TIPS

RACE
TEAM

AMBASSADORS OF OUR CLUB,
PROVINCE, AND SPORT!

A TRADITION OF EXCELLENCE

RNSYS

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COMMODORE'S GREETINGS

Sadly for most Squadron Members, the 2015 sailing season is coming to an end as boats are now starting to accumulate high and dry around the boatyard. However, there are a group of sailors at the club that are still going strong – our RNSYS Race Team.



We recently had the opportunity to celebrate the amazing season that the Race Team had in 2015. Our junior sailing program and race team's accomplishments are the envy of the Canadian sailing community and we continue to recognize each and every one of our Race Team athletes and their incredible talents and commitments to the sport of sailing.

The RNSYS Race Team represented Canada all over the world, and their cumulative

results have been outstanding. Here are a few reasons why:

We benefit from the best coaching team in the sailing community lead by our Head Coach, Agustin Ferrario, the 2013 Sail Canada ‘ Coach of the Year who has recently been appointed as Team Leader for Canada at the 2015 ISAF Youth Sailing World Championship (which will also include 4 Squadron sailors!).

[\(Click to continue reading on page 3\).](#)

thank you

On behalf of the Royal Nova Scotia Yacht Squadron's Board of Management and membership at large, we would like to thank many of our members who over the past several months, carved time out of their schedule to assist the Squadron with events and projects. Many of you may be aware that Phase 4 was paved

this summer, thanks to our spirited volunteers!

Club members, like you, are the cornerstone of the RNSYS and have helped make it what it is today -A premiere sailing club that the entire family can enjoy.

Thank you to all of you for your continued support of the Squadron!



The 2015 sailing season has come to an end and now, as everything beds down for the winter, we have a chance to reflect on the season and those that came out on top.

The annual Awards Night will feature recognition of all the podium placed boats, a season wrap-up report and discussion of the goals for next year. There will also be a highlight reel composed from video shot during the season.

We welcome all sailors to join us in celebrating the success of another wonderful season of racing at the Squadron!

Cocktail reception at 6pm, followed by a lovely dinner and end of season presentation.

Menu

BBQ glazed roast pork loin,
baked haddock fricot,
cheddar scalloped potatoes,
fresh vegetable medley, salad,
dessert, tea and coffee.
\$27++

RSVP

to Marriann Creelman
(902) 477-5653 Ext 102
functionmanager@rnsys.com

Saturday, November 7th, 6pm
Saraguay House

AWARDS

NIGHT

Nov. 7th. 6pm | Saraguay house

Not only have we invested significantly in our sailing infrastructure here at the Squadron, we have also created an extensive winter program in Florida to extend our program all year long. We also continue to develop our Corinthian Fund program to help financially support our Athlete's sailing endeavors.

And because of all of this, the ongoing support of our membership, and ultimately a lot of hard work and perseverance by our athletes, we are developing the best sailors in the country.

A lot of people have assisted in making all of this possible. To the families and friends that provide moral and financial support and make sacrifices so that our sailors can represent our Club – Thank You!

To the amazing coaching team and staff at the Squadron, your leadership and support is so valuable and is a key success factor to our program.

To the many sailors in the program, the Squadron Membership is so proud of your ongoing accomplishments. You bring such energy and enthusiasm to our club and I am so grateful that we can be assured that we are putting the future of this institution in the hands of such an amazing group of people. Please don't be bashful about waving the Squadron Burgee as you continue your journey and progress your sailing careers. You are amazing ambassadors of our Club, our province, and our sport. I want to thank all of you for representing your club with such high standards both here at home and around the globe.

We are extremely proud of your accomplishments in 2015, and we can't wait to see what is in store for you in 2016!

Edward Steeves
Commodore
RNSYS



HOLIDAY MERCHANDISE SALE NOV.27.28.&29th

Start your family's holiday shopping at the Squadron's Merchandise Sale!

Sweaters, T-shirts, Long-Sleeves, Polo shirts, and more will all be available at a reduced price!

So bring your list and check everything off with our three-day weekend sale!

Friday, November 27th
beginning at 6pm

Saturday, November 28th from
12pm til 9pm

Sunday, November 29th from
12pm til 9pm

Clubhouse Dining Room

BE KIND TO YOUR VESSEL

Taking proper care of your vessel now will ensure a smoother start next spring! With this in mind, we've picked some key tips that will help you keep your vessel safe this winter.

1. Doing Your Homework

The process of winterizing your boat can seem daunting, but the best and first step all vessel owners should start with is by flipping through the owner's manual. The manufacturer is sure to have detailed recommendations specific to the make and model, ensuring you've checked off everything on your list.

2. Making a List

That's right, don't underestimate the power and satisfaction in writing what needs to be done down and checking it off when it's been handled.

3. Welcome to Hard Work

Leaving barnacles on the side of your hull after a successful season isn't quite like never washing your lucky t-shirt, rather it's an important step in getting rid of all the dirt and grime and of course making room for new barnacles next season! So grab your bucket of water and your rag and start scrubbing!

4. Take a Break & Talk to Friends

We know you're not going to clean for hours on end without taking a break for fresh air or to inhale some lunch, so we thought we would add it in as a key step, because it really is. If you get a chance, talk to a friend or even your mooring or marina neighbour regarding their winterizing process, you may get some advice from a nautical veteran that will serve you and your boat well for years to come!

5. Winterizing Your Engine

The process you'll need to follow depends on whether your boat is equipped with a Stern drive, Inboard or Outboard engine. If you don't know, go back and read that manual. You'll also want to fuel up, avoid the build up of condensation, as well as change the fuel filter.



6. Pump it Out!

You'll want to ensure that the bilge in your boat is empty and cleaned. Scrub it with a grease cutting cleaner and remove the speed/depth sensor to allow drainage and air flow (and clean it with a moisture displacing lubricant and add antifreeze). You'll also want to drain the fresh water system and hot water heater before storing your boat, as well as pump out the holding tank at an approved facility such as the RNSYS!

7. Boat Cushions Look Great in the Living Room

One of the last steps is to clean out the interior of your vessel. This means all cushions, food items, extra clothing needs to not be onboard. Once everything is out, give it a good clean and install a non- electrical dehumidifying system to keep your boat dry and mildew free!

8. Time to Repair

If something needs to be repaired, replaced or upgraded, now is the time to handle it. Beat the spring line up by getting it taken care of in the off-season.

SCHEDULE YOUR HAULOUT

Complete your [haulout form](#) and contact Marine Manager Wayne Blundell to book an appointment to get your gal out of the water. (902) 477.5653. Ext 110 dockmaster@rnsys.com

SAIL ABLE N.S.



Airborne IV at the start of
the 2014 Newport to Bermuda

Our season started off with excitement with another successful Barbecue and Try-It Day. More than 10 new members fell in love with sailing. With a growing Learn-to-Race program of six sailors, it has been exciting to train in a group with three Martin16 sailboats. Our sailors competed across the country and across the border at regattas held in Bedford, Montreal, Vermont and Victoria! There was also a large increase in youth members.



Last year, the CANSail program was implemented and was a success with two sailors receiving their CANSail 1 level. This year, it continued to grow and two additional sailors achieved their CANSail 1 and one individual received their CANSail 2. We began using the Access Dinghy (kindly donated by the RNSYS), a bright coloured adapted boat for children with disabilities, more frequently. Youth loved the feeling of independence when they got to go out sailing all by themselves!

As our programs continue to grow every year, we become more and more appreciative and aware of the tremendous support we receive from the Royal Nova Scotia Yacht Squadron. Without the support of the members, Board of Management and Staff at the RNSYS, we would not only have no place to call home, but our programs which touch so many lives would be impossible to run.

In addition, we would like to thank our volunteers and coaches for a very successful season!

If you are interested in getting involved as a volunteer please contact us by email to nssailable@gmail.com

NEWPORT TO BERMUDA RACE 2016

Information session being held at the RNSYS, November 25th, 7pm.
To register for the information session, contact Bill Greenwood at 902.491.2914

Learn more about this classic offshore race from sailors who have championed the 635 mile journey.

Since 1906, skippers and their crew have embraced the spirit of competitive yacht racing, testing their own resilience, that of their vessel, and that of the sea.

This race is an incomparable blue water experience for your boat and crew, and it all starts on June 17th, 2016, from Newport, RI. Prizes include combined results from the MHOR.

Race organizers have established an Ambassador Program for first time entrants.

Visit the race website at bermudarace.com

ROPE WREATH



WORKSHOP

Saturday, November 21st, 11am,
Clubhouse Dining Room

Bring 26'-0" (8m) of your choice of rope and we will show you how to make a Turk's Head wreath! (No Charge)
Please phone to let us know that you are attending, so that we can have enough instructors on hand.

RSVP

Function Manager Marriann Creelman

902.477.5653 Ext 102 | functionmanager@rnsys.com

QUALITY YOU'D EXPECT



AT A PRICE YOU WOULDN'T.

The RNSYS is the perfect location for your next event as we offer classic versatility with our large and welcoming Saraguay House, as well as our more intimate Clubhouse Dining Room.

Our inspired spaces are perfect for:

- Holiday Parties
- Corporate Events
- Private Dinners

Start your planning early this season by making a call to our Function Manager Marriann Creelman who would be happy to show you our venue, menu ideas and more!

[Catering Brochure](#)



BOAT OWNERS CHECKLIST

Your Boatyard Team has compiled an important checklist with regards to personal hardware on marinas, storing your mast, and disposing of waste motor oil and old batteries in a safe manner.

- Remove dock steps and all personal hardware once your vessel is hauled.
- Inspect and ensure that cradles are in sound condition well in advance of your designated haulout date.
- Tag your mast for identification by contractors.
- All masts must have spreaders removed and all rigging secured parallel to the mast.
- Do not store booms and loose rigging in the loft and please store mast to the max height possible by your crew.
- Contact local RCMP or HRM Police for proper disposal of expired Marine Distress Flares
- All power chords must be unplugged at the end of each working day.
- Work site around your vessel must be kept tidy and free of excess / unwanted materials and hazards.
- Ladders must be locked to your cradle or to your vessel.
- November 15th is the deadline for summer storage. All vessels on-site post this date will be billed on a prorated basis.
- Waste motor oil or old batteries can be disposed of by the waste oil barrel at the spar loft workshop. No contaminated gasoline, diesel fuel or antifreeze products.
- Please exercise extreme caution when parking during haulout season.
- A shed enclosure over your yacht must be approved by the dock office prior to construction, in addition to submitting and completing a request form.
- Reminder that as part of your signed haulout work order: all propane, flares, portable fuel jugs and highly flammable items must be removed.



2015 Youth Worlds Training Camp at RNSYS



Cameron Shaw and Henry Lockyer sailing after school

RACE TEAM

The end of the fall sailing season is once again coming to a close, and with that we have a good opportunity to reflect on some of the achievements our sailors have accomplished this season.

We would like to thank the sailors for continuing their excellence on and off the water, the parents for supporting the athletes every step of the way, and for the coaches who were able to lead these sailors to regatta and training, high points this season. Additionally, we were happy to have Emma Hughes as the laser coach this year, and between Agustin, Emma, Fede, and Flor,

RNSYS had coaching available for Laser, Opti, 420, and 29er.

Some of this season's highlights:

- Laser training lead up to worlds in Kingston, Ontario
- Opti Nationals in Squamish, B.C.
- Hyannis regatta and Brant Beach for the Laser and 420 teams
- Youth Nationals for Laser, 420, and 29er in Kingston Ontario

At the end of the summer Sail Canada Youth Nationals was held in at Portsmouth in Kingston, Ontario.

With Youth Worlds taking place in Malaysia in December, this regatta was used as the team qualifier, and our sailors stepped up to the challenge this season. We are proud to say that the RNSYS 420 boys and girls teams will be heading to Malaysia in December, to represent Canada at the youth worlds for 2015. Alongside Agustin being selected Head Coach for steam Canada, Terra Lanteigne & Georgia Lewin-Lafrance (420), Pat Wilson & Arie Moffat (420) bare the RNSYS representatives for this year. Good luck, sail fast, and have fun taking in the whole experience!

“ AMBASSADORS OF OUR CLUB, PROVINCE, AND SPORT.”



Aidan Harris during Fall Dinghy Regatta

Switching gears a bit, by now the end of season awards banquet has already taken place. With sailors joining us from out of province, as well as the sailors from across Nova Scotia and special guests, everyone looked delighted to sit down for a nice meal to round the season out. The weather might be getting colder, but the sailors were happy to sport their finest attire as awards were handed out for all the sailors. Great to see everyone out, and congratulations for a season well done.



Gordon Stevens training hard for upcoming winter regattas

As we get ready to pack up the MAC for the season, sailors will once again be loading their boats onto the big trailer to get ready for the winter training and regattas in Florida. We are excited to continue providing the opportunity to our sailors to enjoy sailing year around. Looking forward to seeing everyone down south!

Follow us year-round on our [Facebook Page!](#)

NOVEMBER

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 Daylight Savings Ends Prime Rib 5pm	2 Clubhouse Closed	3	4 Book Club 1030am	5 Steak Night 5pm	6 Film Night 7pm	7 Awards Night 6pm
8 Prime Rib 5pm	9 Clubhouse Closed	10	11 Remembrance Day- Club open for Lunch!	12 Steak Night 5pm	13	14
15 Prime Rib 5pm	16 Clubhouse Closed	17 TASTE	18 OF	19 Steak Night 5pm	20 Trivia Night 7pm	21 ENGLAND
22 Prime Rib 5pm	23 Clubhouse Closed	24	25	26 Steak Night 5pm	27 Hors D'oeuvres Night 6pm	28 Clubhouse Christmas Decorating 11am
29 SALE!!! Prime Rib 5pm	30 Clubhouse Closed					CHRISTMAS MERCHANDISE