



# GALLEY TO GO MENU

## hand-helds

### Squadron burger \$12.5

Our famous AAA house-ground pattie with lettuce, tomato, pickles and onion. Add cheese or bacon +\$2

### Smoked salmon wrap \$15

Smoked salmon, baby greens, cucumber, tomato, bacon and house-dill mayo wrapped in a 10inch tortilla

### Lobster roll \$18

Fresh Atlantic lobster with our signature house-mix of green onion, celery and our house lemon-dill mayonnaise served New-England style in a buttered & grilled split bun

### Fish & chips \$15.5

Your choice of two pieces of 4oz haddock loins golden fried in our house beer-batter **OR** 8oz of our Hebridee Haddock. Served with fries, creamy coleslaw, house tartar sauce & lemon wedge

### Vegetarian burger \$11

Juicy vegetarian pattie, lettuce, tomato, pickles and onion with house-curry mayo

### Vegetarian wrap \$11

Char-grilled vegetables, baby greens, cucumber, tomato and house dill-mayo wrapped in a 10inch tortilla

### Chicken BLT \$12.5

Grilled 4 oz chicken breast served with cheddar cheese, two slices of applewood bacon, lettuce, tomato and sriracha mayo on a grilled ciabatta bun

### Chicken caesar wrap \$12.5

Two crispy chicken tenders served with our house Caesar salad in a 10inch tortilla

All hand-helds are served with your choice of fries or a garden salad

## salads & platters

### Garden salad \$8

Lettuce, tomato, cucumber, carrot, radishes, sprouts, red onion, house dressing

### Caesar salad \$9

Romaine, croûtons, applewood bacon, parmesan, house caesar dressing

### Mandarin pomegranate spinach salad \$9

Baby spinach, mandarin, pomegranate, avocado, almonds, walnuts and feta cheese with house poppyseed dressing

*Add chicken + \$2 add seafood + \$4 to any salad*

### Cruising platter \$29

Shaved rare roast beef, turkey breast and Montreal smoked meat, with a mix of cheese, pickles, olives and crackers. Served with a side of carrots and celery sticks with dips of roasted red pepper and ranch

### Light lunch platter \$27

A variety of point sandwiches including ham, turkey breast, Montreal smoked meat and vegetarian. Served with a large portion of your choice of salad

*Platter orders require 24-hours notice.*

*Each to serve 5 people. No substitutions*

## little tackers

Choice of kid's burger, chicken strips, fish bites or grilled cheese. All kid's meals are served with fries or a salad, a juice box and a cookie \$7

## desserts

Turtle cheesecake (gf) \$6

Lemon cream cake \$6

### water, pop & juice + tea & coffee

Dasani Bottled Water 591ml \$2.5  
Perrier Sparkling Water 500ml \$3  
Coke /Diet Coke 500ml \$2.5  
Sprite 500ml \$2.5  
Canada Dry Gingerale 500ml \$2.5  
Minute Maid Orange Juice 355ml \$2  
Minute Maid Apple Juice 355ml \$2  
Herbal & black tea \$2  
Coffee \$2

### white wine

Villa Mura Pinot Grigio, Italy, 1L \$33  
Rustenberg Sauvignon Blanc,  
South Africa, 750ml \$25

### red wine

Ca'Lunghetta Merlot, Italy, 1L \$33  
Smoking Loon Cabernet Sauvignon,  
USA , 750ml \$25

### beer

Moosehead Lager 355ml \$4  
Keith's IPA Can 355ml \$4  
Sam Adams Boston Lager 355ml \$3.5  
Spindrift Knotty Buoy Pilsner 473ml \$6  
Bad Apple Stearman APA 473ml \$6

## GALLEY TO GO - HOW TO ORDER

Takeaway available daily, 12pm-9pm.

To order, call or text (902) 943-7933

with your full name, member number, order and pick up time.

Members are to pick up orders from the Sailor's Bar entrance.

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