Yearly Training and Competition Schedule 2019/2020	
RNSYS	coach@rnsys.com
Class	420 Race Team

Legend:		On-waterTraining		
		At Home Training		Peak Competition
		Florida Training		
		Other Training		Other: Specify....
		Non-Peak Competion		

Month		Apr-19		May-19		Jun-19		Jul-19		Aug-19		Sep-19		Oct-19		Nov-19		Dec-19		Jan-20		Feb-20		Mar-20
Day																								
Monday	1						1																	
Tuesday	2						2						1											
Wednesday	3		1				3	i420 Worlds PORTUGAL	RNSYS				2						1					
Thursday	4		2				4		RNSYS	1	train		3	After School					2					
Friday	5		3				5		RNSYS	2	Buzzards Bay Regatta (Massachussets)		4	YOTS RNSYS	1				3					
Saturday	6		4	Spring Sailing	1	Spring Sailing	6		RNSYS	3			5		2				4		1			
Sunday	7		5	Spring Sailing	2	Spring Sailing	7			4		1	6		3		1		5		2		1	
Monday	8		6		3		8			5	travel	2	7		4		2		6		3		2	
Tuesday	9		7		4		9		RNSYS	6		3	8		5		3		7		4		3	
Wednesday	10		8		5		10		RNSYS	7	Train kingston with US Team	4	9		6		4		8		5		4	
Thursday	11		9	After School	6	After School	11		RNSYS	8		5	10	After School	7		5		9		6		5	
Friday	12		10	After School	7	After School	12		RNSYS	9	YOTS Kingston	6	11	After School	8		6		10		7		6	
Saturday	13		11	Spring Sailing	8	Wickford Regatta	13		RNSYS event	10		7	Fall Sailing	12	Fall Dinghy	9		7		11		8		7	
Sunday	14		12	Spring Sailing	9		14		RNSYS event	11		8	Fall Sailing	13		10		8		12		9		8	
Monday	15		13		10		15			12		9		14		11		9		13		10		9	Miami March Break Camp
Tuesday	16		14		11		16			13	Youth Champs Kingston (YW qualifier)	10		15		12		10		14		11	Train MYC	10	
Wednesday	17		15		12		17		SMSC	14		11		16		13		11		15		12	Train MYC	11	
Thursday	18		16	After School	13	After School	18		SMSC	15		12	After School	17	After School	14		12		16		13	Train MYC	12	
Friday	19		17	After School	14	After School	19		SMSC	16		13	After School	18	After School	15		13		17		14	Train MYC	13	
Saturday	20		18	Spring Sailing	15	Spring Sailing	20		Bay Wind	17	travel	14	Fall Sailing	19	Fall Sailing	16		14		18		15	Midwinters (YW qualifier)	14	Miami Sailing Week
Sunday	21		19	Spring Sailing	16	Spring Sailing	21		Bay Wind	18		15	Fall Sailing	20	Fall Sailing	17		15		19		16		15	
Monday	22		20		17		22			19		16		21		18		16		20		17		16	Miami March Break Camp
Tuesday	23		21		18		23			20		17		22		19		17		21		18		17	
Wednesday	24		22		19		24		SMSC	21		18		23		20	USA Thanksgiving Camp MIAMI	18		22		19		18	
Thursday	25		23	After School	20	After School	25		SMSC	22	RNSYS	19	After School	24	Travel	21		19		23		20		19	
Friday	26		24	After School	21	After School	26		SMSC	23	RNSYS	20	After School	25	Travel	22		20		24		21		20	
Saturday	27	Spring Sailing	25	Spring Sailing	22	Spring Sailing	27		i420 Canadians	24	Kennedy Cup	21	Fall Sailing	26	ACCs (Connecticut)	23		21	train coconut grove	25		22		21	
Sunday	28	Spring Sailing	26	Spring Sailing	23	Spring Sailing	28			25		22	Fall Sailing	27		24		22		26		23		22	
Monday	29		27		24		29			26		23		28		25		23		27		24		23	
Tuesday	30		28		25		30			27		24		29		26		24		28		25		24	
Wednesday			29		26		31		travel	28		25		30		27		25		29		26		25	
Thursday			30	After School	27					29		26	After School	31		28		26	train	30		27		26	
Friday			31	After School	28	RNSYS				30		27	After School			29		27	Orange Bowl Regatta - Miami-	31		28		27	
Saturday					29	RNSYS				31		28	Fall Sailing			30		28				29		28	
Sunday					30							29	Fall Sailing					29						29	
Monday												30						30						30	
Tuesday																		31						31	