

DECEMBER 2023

ROYAL NOVA SCOTIA YACHT SQUADRON

# LIFELINE





# A message from Commodore Courish



Hello fellow members.

I'm not sure how December crept up on us so quickly but here we are. Perhaps its just me, but time seems to have picked up pace of late and the months fly quickly by.

The mooring field and slips are empty, and work is underway to secure for the winter. The boatyard is tightly packed with boats with little to no room to spare. Kudos to our waterfront and boatyard team for their excellent work.

The sailing season is behind us, and the award season is done. Junior sailing awards night, sailing awards night and Sail Nova Scotia awards night have all been held and recognition has been handed out to all our sailors for the excellent season they have had. More details are included in this month's edition and as sad as it is to see the season end, it is a proud moment to recognize our excellent sailors. Congratulations to all.

We have closed out our 2023 fiscal year and the auditors will commence their work on December 4th. We will await our audited financial statements before sharing details on our financial position, but I can assure you we are in a much better place this year as compared to last. I look forward to our AGM and the opportunity to share all the details and answer your questions. A lot of people have given generously of

their time and effort over this past year to get us back on track and I will recognize them at the AGM.

The clubhouse is decorated for the holiday season and a big thank you to the team of volunteers who make this possible every year. I always find the club to be a warm and cozy place, but the decorations add another dimension to that feeling. I am very much looking forward to celebrating the holidays with all of you.

As we head into the cold winter months I must ask for your help. The club needs your help. The General Manager and his team have worked extremely hard to improve the quality and consistency of our food and beverage offering and service. We are not at end of job by any means, but we have made significant strides forward. We need you to come to the club. For lunch or dinner or drinks. Bring your friends. An improved attendance over the winter months will make a huge difference to us financially. And what better place to be on a cold winter evening.

Merry Christmas and Happy Holidays to everyone. I hope to see you over the festive season.



Jeff Courish  
Commodore



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## George Kapetanakis General Manager



As we transition from the vibrant activity of the past months to the upcoming holiday season, I want to express my appreciation for the engagement and enthusiasm displayed by our members. The fall season brought forth enjoyable moments on the water, extending well into October.

Our recent events have been met with success, and the introduction of our new menu in mid-November has generated lots of positive feedback.

As we approach the festive season, I am eagerly anticipating my first participation in the upcoming holiday events. It presents a wonderful opportunity to further connect with each of you and embrace the time-honoured traditions of our the Squadron. I look forward to meeting more of our members and sharing these traditions with you. Your presence and participation contribute significantly to the vibrancy of our community, and

I would also like to thank the members who completed the 2023 Membership Survey. Your valuable feedback is essential, and I have thoroughly reviewed each response. Your contributions play a pivotal role in shaping the future of our community, and we are dedicated to ensuring that your experiences with us continue to improve.

Wishing you all a joyous holiday season filled with warmth and shared moments. I look forward to seeing you all at the Club sometime soon.



# 2023 AWARDS SEASON



The sailing season's grand finale didn't just wrap up with the usual formal sit-down dinner and awards presentation—it went out with a bang at our revamped Annual Awards Night! This year, we tried something new and went for more of a lively and social approach.

The event was a standing ceremony with a mix of cocktail and sit-down tables. We had a lovely charcuterie board, sliders, and all kinds of delicious snacks floating around all night.

But that's not all! We lucked out big time with JD Shore & Propeller Brewing sponsoring the Party. Every Awards Night attendee received a drink ticket upon arrival. These were good for a Dark & Stormy or a Propeller draft—because nothing says a group of Sailors like rum & beer!

The Awards Presentation was handled by VC Sailing, Graham Roy and it was a night of shoutouts, high-fives, and spotlight moments for every event winner of the season. This year, we had a blast giving out "fun awards" to boats and crews who brought that extra something to the races. Forget the usual trophies—this was all about celebrating the quirky, the unexpected, and the fun moments that took place throughout the Season.

Once the last award was handed out, the DJ turned the music up, and suddenly, we're not just at an awards ceremony anymore—we're in full-on party mode at Saraguay House. The dancefloor became the hotspot where members, crew, and guests of all ages let loose, grooved together, and made the night one for the books.

Our Awards Night Party was more than just recognition and camaraderie—it was an all-out, unforgettable bash that left everyone with memories of a night filled with laughter, dancing, and an awesome party vibe!





# Host Your Party or Gathering at the Squadron

many intimate spaces  
to choose from for  
a group of any size

**CONTACT FUNCTION MANAGER,  
SABRINA PELLETIER,  
FOR MORE INFORMATION  
FUNCTIONMANAGER@RNSYS.COM**



## FUN AWARDS

Best New Skipper	Sarah Nicholson
Best New Boat	Rampage
Most Improved	Ben Maloney & Goose
Most Dedicated	Ted Murphy
Good Time Award	Daisy Cobden & the 10 happy souls of Helix
Most Likely to take a handicap hit	Justin Bean – Fourplay

Awards cont.

RNSYS members were also recognized at the Sail Nova Scotia Evening of Excellence & Fundraising for their significant contributions to our sport in the province.

## Sail NS Official of the Year 2023 – Paula Minnikin

*I consider all time on the water a luxury. Accepting this award is akin to feasting on lobster, fresh rolls, butter, potato salad and Tempranillo followed by chocolate cake with ice cream and then being praised for the sacrifice and hard work I've done to stay healthy.*

*I feel more than a little guilty.*

*As someone who came to sailing as an adult, I revel in the time I spend on the Race Committee. It has expanded my perspective and made me a better racer. All on-water race experience is beneficial no matter which boat you happen to be aboard.*

*I've been invited to hop on committee boats in other countries when travelling for business, and am proud to say the people I've worked with all over Nova Scotia are amongst the best.*



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# afternoon of painting



SUNDAY, JANUARY 14TH  
2PM - 5PM  
SAILOR'S BAR

CRAIG BALTZER, BALTZERS\_ART, WILL LEAD US IN  
A PAINT NIGHT!

TICKETS ARE \$50 AND INCLUDE ALL THE SUPPLIES  
& A GLASS OF WINE.

THE PICTURE WILL BE OF THE BLUENOSE.

THERE IS A LIMITED AMOUNT OF TICKETS, MEMEBRS MUST RSVP  
THROUGH SABRINA PELLETIER, FUNCTION & EVENT MANAGER  
FUNCTIONS@RNSYS.COM

Awards cont.

*It was Rod Wark who introduced me to the Race Committee, at the Nova Scotia Match Racing Championships in the late 90s. He set me up well for success and I am forever grateful to him. His approach to RC duties was one of benevolent control. I still strive to emulate his fastidious approach to keeping everything organized, repeatable, precise, fair, and fun. I know I'll never reach the high bar he set.... But I have had and will continue to have an awful lot of fun trying. I am truly grateful for what he taught me and for this award. Can't wait to see you on the water again in the spring.*

Sail NS Hal Davies Offshore Sailor of the Year  
2023 – Ray Rhineland – Bella J



Sail NS Sailor of the Year  
2023 – Peter Wickwire

*Being recognized by Sail Nova Scotia was a great honour and a credit to what was a massive team effort. During the nomination period we had success across both fleet and match racing.*

*In fleet racing, we podiumed twice at IOD worlds (great results but we need to take care of business this coming June '24 in Norway), we won Chester race week for our seventh time and came 2nd at Bermuda international race week, an event this team has won five times.*

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# WINTER SPECIAL

*Every Sunday*



\$39++

*Prime Rib Dinner*

PRIME RIB, MASHED POTATO,  
HONEY GLAZED CARROTS,  
YORKSHIRE PUDDING AND JUS

BEGINNING AT 4PM UNTIL SOLD OUT



Awards cont.

*In match racing we opened 2023 ranked 166th in the world in World Sailing's Open Match Racing rankings as we were just getting back into it after covid after not travelling for a while. We went on a bit of a tear, at one point winning three events in a row against a number of top ranked teams, and today we are ranked 28th, the highest ranking for a Canadian team in the modern rankings.*

*All in all we drove over 24,000km, and competed in seven events out of country during the nomination period, either winning or finishing top three in six of those events.*

*Team members are all local HRM sailors including Evan Burns, Matt Christie, Devan Dube, Hilary Grantmyre, Dan MacMillan, Holly MacMillan, Ben Maloney and Emily Merry.*

*2024 will see the team compete in the June IOD Worlds in Norway, the birthplace of the class, and look to further climb the World Sailing Open Match Racing rankings with the goal of earning some invitations to World Match Racing Tour events.*

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# 2023 TROPHY WINNERS

WEDNESDAY NIGHT SERIES I

A	First	Matador	Greg Blunden
	Second	Yard Sail	Ryan Gallant
B	Third	Mongoose	Nathan Dunn
	First	Fourplay	Ben Maloney
	Second	Can 63	Justin Bean
C	Third	Crows	Robert Stevens
	First	Juvenile Delinquent	Paul Rafuse
	Second	Model T	Ted Murphy
	Third	Rollback	Graham Hart
			Margo Coughlin

WEDNESDAY NIGHT SERIES II

A	First	Yard Sail	Ryan Gallant
			Nathan Dunn
B	Second	Matador	Greg Blunden
	Third	Rampage	Graham Roy
	First	McMac	Sean McDermott
C			Rory Macdonald
	Second	Painkiller	Jane Filbee
	Third	Can 63	Robert Stevens
	First	Just Add Water	Jesleine Baker
	Second	Juvenile Deliquent	Ted Murphy
	Third	Model T	Graham Hart

WEDNESDAY NIGHT SERIES III

A	First	Mongoose	Ben Maloney
	Second	Yard Sail	Ryan Gallant
B			Nathan Dunn
	Third	Matador	Jennifer Aftanas
	First	Can 63	Greg Blunden
C	Second	Fourplay	Robert Stevens
	Third	Painkiller	Justin Bean
	First	Juvenile Delinquent	Jane Filbee
	Second	Model T	Ted Murphy
	Third	Just Add Water	Graham Hart
			Jesleine Baker

WED. NIGHT OVERALL

Seau Trophy	Juvenile Delinquent	Ted Murphy
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RNSYS OPENER

A	Delft Plate	Mongoose	Ben Maloney
	Second	Fourplay	Justin Bean
	Third	Yard Sail	Ryan Gallant
C			Nathan Dunn
	A.C.Edwards	Trophy Model T	Graham Hart
	Second	Waverunner	Henry McCallum
	Third	Pursuit	Colleen Dewis
			Waeg
			BBYC

Visitors Cup	Waverunner	Henry McCallum	Waegwoltic
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PRINCE OF WALES

Prince of Wales	Rampage	Graham Roy
Second	Mongoose	Ben Maloney
Third	Deviation	Stu McCrea







# CHRISTMAS AT THE SQUADRON

Friday	Dec 15	6pm	Christmas Wassail
Sunday	Dec 17	11:30am	Christmas brunch
Sunday	Dec 17	1 - 3pm	Cookie decorating
Sunday	Dec 24	Club closed	Christmas Eve
Monday	Dec 25	Club closed	Christmas Day
Tuesday	Dec 26	Club closed	Boxing Day
Wed – Sat	Dec 27 – Dec 30	Club open	Club open
Sunday	Dec 31	10am – 2pm	Club open
Monday	Jan 1	11:30am – 3pm	New Year's Levee
Tuesday	Jan 2	Regular hours resume	



Christmas  
Wassail!



jingle and mingle

JOIN US ON FRIDAY, DECEMBER 15TH AT 6PM AND CELEBRATE THE  
HOLIDAY SEASON WITH OUR TRADITIONAL CHRISTMAS WASSAIL AT  
THE CLUBHOUSE!

MEMBERS GATHER TOGETHER AROUND THE PIANO TO SING ALONG  
WITH OUR GUEST PIANIST GORDON FADER

MEMBERS OF ALL AGES ARE ENCOURAGED TO JOIN!



SUNDAY, DECEMBER 17TH

# CHRISTMAS BRUNCH & COOKIE DECORATING

## *Brunch Specials*

Steak Benny \$19

Two eggs, steak, our hollandaise sauce on  
a toasted English muffin with hashbrowns

Kid's Breakfast \$6

Scrambled egg, bacon, hashbrowns & toast

Kid's Waffle \$9

1/2 waffle with nutella



*Cookie Decorating  
1pm-3pm in the  
Sailors Bar*



MONDAY, JANUARY 1ST, 2024

11:30AM-3PM

CELEBRATE THE START OF 2024 WITH THE SQUADRON  
BY JOINING US FOR OUR ANNUAL NEW YEAR'S DAY LEVEE!

EMBRACE THE JOY OF THE SEASON AS WE COME TOGETHER  
TO WELCOME MEMBERS AND GUESTS FOR A DAY OF  
GOOD WISHES & FESTIVE CHEER.

COMPLIMENTARY SEAFOOD CHOWDER & CHILLI FOR MEMBERS

KITCHEN WILL BE OPEN WITH A LIMITED MENU





From October 14-22 RNSYS and the Canadian Foiling Academy hosted the 2nd annual CANFoil Week. This week built on the great success of last year's inaugural celebration of foiling with guest expert coaches and sailors from across Canada converging on RNSYS. Thanks to support from WECANFoil, the national body supporting foiling in Canada created by the Canada SailGP team, CANFoil Week featured a successful WASZP Youth Development Clinic which had over 20 youth from BC, Alberta, Ontario, Quebec, Nova Scotia and Bermuda participate for five days of great training on the Halifax harbour.

These participants got to develop their foiling skills and learn from some of the best foiling coaches in Canada including former RNSYS Head Coach and WECANFoil program director Augustin Ferrario, who we were very happy to welcome back to RNSYS for the week. Sailors also were exposed to various opportunities in foiling through presentations during the week on everything from SailGP Careers to the SailGP inspire program and the Magenta project. Highlighted by RNSYS' own

# CANFOIL WEEK

Jackson MacAulay who spoke to his recent experience interning with the shore crew of Canada's SailGP team at the events in Taranto and Cadiz.

There was a great excitement in the air throughout the week as this event occurred shortly following the announcement of SailGP's first Canadian event to be hosted in Halifax next June. This was evident in the exceptional turnout for the CANFoil Week Foiling Demos as over thirty-five people came out to try foiling and get exposed to this exhilarating part of sailing. The buzz for the first Canadian SailGP event was highlighted further by four spots for the WASZP inspire race being up-for-grabs during CANFoil week. As part of the week RNSYS hosted the CANFoil Cup, the first WASZP foiling regatta in Nova Scotia, where the top two men and top two women gained spots to participate in the SailGP Inspire WASZP race which will occur on the Halifax harbour the day before the SailGP race next year.

Another highlight of the week was the send-off party for RNSYS member Madeline Gillis and her sailing partner Galen Richardson who left during the week to represent Canada in the foiling Nacra 17 class at the Pan



American Games. Madeline and Galen represented Canada and RNSYS well with a great fourth place finish at the Games just missing the podium. RNSYS is incredibly proud of the hard work and dedication they have shown and looks forward to continuing to support their Olympic dream in the lead up to Paris 2024.

Lastly RNSYS would like to thank our CANFoil Week Sponsors WECANFoil, Rooster, Playwear and The Binnacle.







# SV DOOGIE

## THE ADVENTURE CONTINUES



When you last heard from SV Doogie we were heading down the east coast of the United States. We have been very negligent in our writings. Time for a catch up.

It was an early start to our day as all departures are. The sailing vessels, all Canadian, were headed to the Chesapeake Bay and Hampton, Virginia. Yet another lesson was to be learned - always agree on a minimum and maximum cruising speed before departure time! We learned the hard way that was a truly important point as one of the boats took off from the slower boat that we felt obligated to stay with. We were on the ocean and Doogie was cruising along quite nicely at 6.5 kts but our buddy boat was only doing 3 kts. We continued with them through the night but eventually we had to say farewell as we were meeting friends in Hampton and would have been late.

One of the coolest things we saw, maybe its because Joe is a retired Army officer who finished his career at CFB Halifax, was HMCS Fredericton coming out of the Bay as we were headed in. Its like they were welcoming us.

Being retired military we were able to book a week at the Norfolk Naval Base yacht club. This was convenient as our dear friends lived near by and we could provision and spend time with them. After docking we left to meet them outside the main gate. It was upon our return that we ran into some difficulty getting back on to base. The Marina manager sent us to a building to get guest passes which would eliminate this difficulty, or so we thought. This is actually where the trouble started.

We waited quite some time for them to decide what to do with these two pleasant Canadians sitting in a building in the most secure area of the Norfolk Naval Base. Eventually a Military Police officer arrived to "keep us company", and this is where we went from pleasant to scared. She must have felt badly for us as several times she reassured us that we weren't in any trouble and that they were trying to figure out what to do with us.

A few hours passed and a woman entered the room and introduced herself as NCIS - Naval Criminal Investigative Service. She took us to a room for a chat; it was obvious that they had conducted background checks on us. They needed to know how exactly we had gotten as far as we had without any clearance or identification other than at the Marina to prove Joe was who he said he was. They agreed that they did not think there was any risk from us or that there was any ill intent and decided that they would escort us back to the marina where we would be able to depart on Doogie. Which was great until I asked about returning our friend's car - how had we gotten a vehicle that was not authorized on the base? Needless to say additional conversations followed and a new departure plan was put into place. They were going to escort us back to Doogie where I would pack a bag and then be escorted off the base in the vehicle to return it to our friends.

As we arrived back at Doogie, Joe invited them to see the boat. Within seconds the NCIS agent announced that we were going to be a case study for NCIS training - she saw 10 diesel containers and thought we could have come in to blow the base up. I'm guessing security has increased around the marina! Jump

Continued next page





## *FRIDAY NIGHT MELODIES*

JOIN US ON FRIDAY EVENING'S FROM 7PM-9PM  
IN THE LOUNGE FOR A PIANO PERFORMANCE  
BY TADIG MOLLOY

## SPRING PLANTING



VC House & Grounds, Marion Coady, has been diligently maintaining the grounds, ensuring they remain pristine. Notably, she's invested time in planting an array of flowers this year, enhancing the overall ambiance.



In late October, Marion received a helping hand from her daughter and granddaughter, collectively planting fall bulbs. Anticipate a beautiful spring bloom thanks to their efforts!



Doogie cont.

forward to May and our friends received a call from NCIS to let us know that our case had officially been closed.

For those of you who follow the NCIS television series. I did ask what vehicle she drove and it was indeed a Dodge Charger just like Jethro Gibbs.

Our friends decided to join us for part of our journey down to Morehead City, NC. If you are ever headed down the ICW between these two points don't miss the prime rib at the Coinjock Marina. It alone with worth the trip.



# RNSYS YOUTH SAILORS SHINE IN SUMMER EVENTS

## PREPARE FOR WORLD CHAMPIONSHIPS



As we transition from the vibrant summer to the colorful fall, we are thrilled to share the exceptional achievements and upcoming adventures of our RNSYS youth sailors. Their dedication and skill have been on a spectacular display across various prestigious events in the ILCA 6 class.

### PROVINCIAL PROWESS

Nova Scotia Provincial Championships 2023: Our sailors made a splash at the Nova Scotia Provincial Championships, with Sullivan Nakatsu leading the charge, clinching the gold. Lilly Rainham followed closely, securing a silver medal, while Reilly Nakatsu completed the RNSYS-dominated podium with a bronze.

### GLOBAL GRIT

ILCA 6 Youth Worlds 2023, Poland: On the world stage in Poland, Lilly Rainham stood out as the top Canadian contender, finishing 39th in the women's fleet. Elsbeth Simms showed strong form, placing 48th, while Sullivan Nakatsu (51st in men's fleet) and Reilly Nakatsu (129th in men's fleet) also put in commendable performances.

### NATIONAL NOTABLES

Sail Canada Youth Championships 2023, Kingston Ontario: Back on home waters in Kingston, Ontario, Sullivan Nakatsu sailed to gold once more, demonstrating his consistent excellence. Noah Adler captured a bronze, with Reilly Nakatsu and Lilly Rainham finishing strong. Lilly's efforts also earned her the title of 2nd Canadian female youth, with Elsbeth Simms right behind her as the 3rd Canadian female youth.





# Hors D'oeuvres Night

**Hosted by:**

**Allan Silverman & Vangie Sadler**

Members are invited to join in on  
Hors D'oeuvres Night!

Complete with savory eats, good  
company and waterfront views, this  
event offers a great evening out in  
a friendly and relaxed atmosphere.

**Friday, December 1st**  
**6 PM**  
**Clubhouse**



Youth Sailors cont.

## CONTINUED EXCELLENCE

Beyond their triumphs, our sailors embraced the summer as a valuable chance to grow, engaging with peers from around the globe and honing their skills through competition and camaraderie. Looking ahead, the pace doesn't slow. Lilly Rainham proudly represented us at the ILCA U21 Worlds in Tangier as a Sail Canada Identified Athlete. Sullivan Nakatsu is set to wave the Canadian flag at the 2023 Youth Sailing World Championships in Brazil this December. Furthermore, we have a talented cohort gearing up for the U19 Worlds in Argentina come January 2024.

These young sailors not only represent our club but also embody the spirit of sailing through their passion and perseverance. Let's cheer them on as they continue to navigate the waters of success!







# ANNUAL ELECTION & BUDGET MEETING

The Annual Election & Budget meeting, held on October 26th at Saraguay House, was a resounding success with a turnout of over 30 members. The primary agenda was to vote on the new board members and to approve the budget for the upcoming 2024 fiscal year. To add to the delightful atmosphere, a delectable charcuterie board was provided, which was thoroughly enjoyed by many attendees.

At 18:20, with a quorum present, Commodore Courish officially called the meeting to order. In his opening remarks, the Commodore extended a warm welcome to all the members and expressed his gratitude for their active participation. He highlighted the club's significant progress in terms of financial controls compared to the previous year, attributing this success to the dedicated efforts of both the Board and the staff. Furthermore, he conveyed his appreciation for the Board's unwavering commitment throughout the year and recognized Past Commodore Sean McDermott and the Nominating Committee for their hard work in forming the 2024 slate of Board members.

The Commodore's address exuded confidence in the improved financial processes that had been implemented over the past year. He reserved special thanks for the General Manager, the Controller, and other members of the staff, along with VC Flemming and her Finance Committee, for their collective contributions in securing the club's more robust financial standing. It was indeed a meeting that showcased the club's dedication to sound financial management and a promising future.











# HALLOWEEN SCAVENGER HUNT



The RNSYS Halloween Scavenger Hunt proved to be a roaring success, filled with excitement and laughter! The event kicked off at the sailors bar, where the eager group received their first clue to embark on a property-wide scavenger hunt.

With approximately 30 kids in attendance, there was a diverse mix of age groups, each with their own preferences – some were all in for the scavenger hunt, some were more interested in the swings, and some simply couldn't resist the snacks!

After a thrilling scavenger hunt, the grand finale came in the form of treat bags for all participants, which undoubtedly added a sweet touch to the afternoon. As the sun began to set, everyone gathered around the cozy fire pit in the back, indulging in delightful s'mores, popcorn, and refreshing juice boxes. Meanwhile, creativity ran wild with a cookie decorating station set up in the sailors bar, providing a tasty canvas for the little artists.

Continued next page







Halloween cont.

The event attracted a fun crowd, including parents, grandparents, guardians, and friends who came together to enjoy the atmosphere. The highlight of the day was undoubtedly the costume contest, with Julia Haynes stealing the show in her homemade googlied eye monster costume.

With the incredible turnout and festive spirit, we are already setting our sights on making this Halloween Scavenger Hunt an annual tradition. A heartfelt thank you goes out to all participants for making this day a tremendous success and a treasured memory for everyone involved!







# RACE TEAM UPDATE & RESULTS

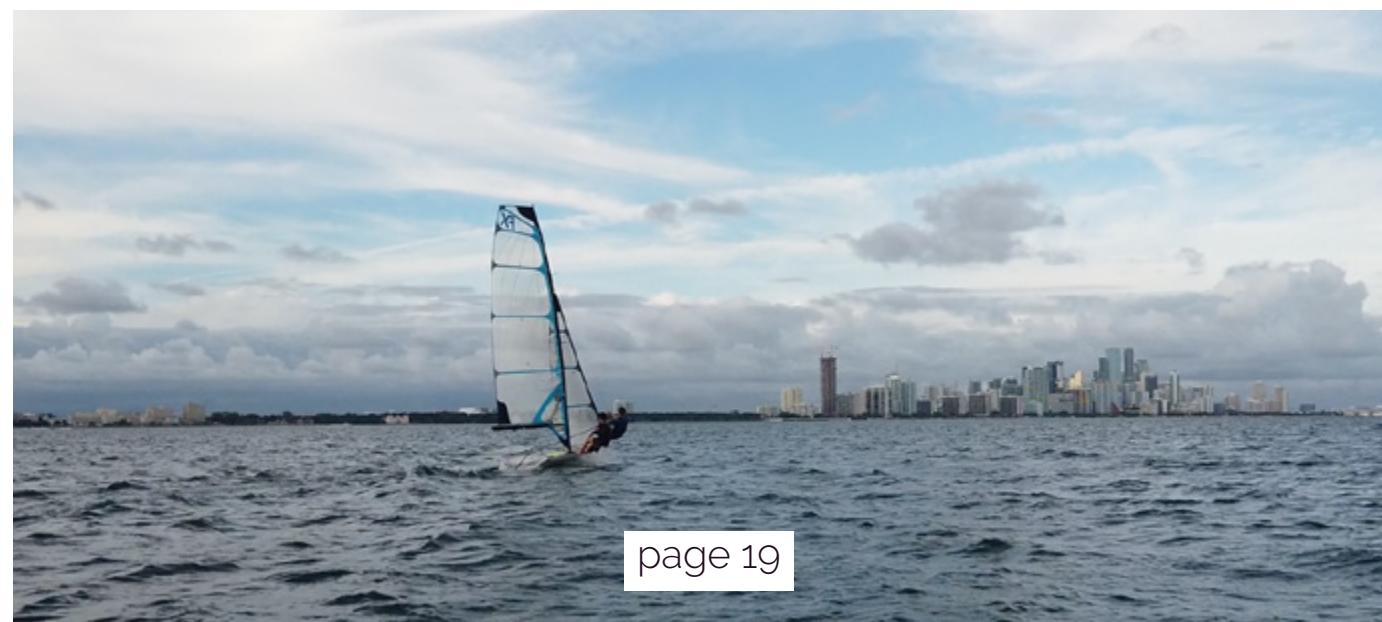
Over the last month RNSYS sailors have been busy representing the club across the world.

RNSYS members Antonia and Georgia Lewin-Lafrance placed an impressive 10th at the 49erFX European Championships recently. RNSYS member Sullivan Nakatsu placed 11th at the US Sailing Olympic Development camp training regatta in the Laser Radial and RNSYS Members Johanna Pickart and Rebecca Driscoll placed 8th at the same event in the 29er class. Sullivan, Johanna and Rebecca will be representing Canada in December at the 2023 Sailing Youth World Championships in Brazil, RNSYS and all of our membership wish them the best of luck representing our club and our country at this incredible event.

Over Remembrance Day weekend three RNSYS Opti Sailors, Frieda Smith, Jacob Tu and Bobby MacLellan, represented the club in the South Carolina Yacht Club Opti Team Racing invitational. The sailors battled hard in challenging tidal conditions against some of the best clubs from across the USA in a tightly contested team racing event. The team made the finals round following the round robin and unfortunately lost in the semis to the eventual champions, host SCYC, however this meant that the team went on to face Carolina Yacht Club in a play-off for 3rd overall. The young RNSYS sailors battled back from an 0-1 deficit and won two consecutive races to win the playoff by a score of 2-1 and take 3rd overall at the event. The team showed a lot of grit and determination and RNSYS is very proud of their competitive 3rd place finish at a top-quality event.



From November 13-17 RNSYS hosted the first ever club 49er transition camp. This program is aimed at sailors who are looking to transition to the 49er or 49erFX from youth classes and pursue the goal of performance double-handed sailing. With support from Sail Nova Scotia provincial coach Stephen Waldie this camp was hosted in Miami Florida and brought five sailors from across Canada together to develop their skills in an intense five-day training camp. Athlete feedback on the camp was excellent and RNSYS will be running two more training camps this winter to support this important transition to performance sailing and continue to be a leader in performance sailing in Canada.







## WINTER DINING HOURS

CLOSED, MONDAY

11:30AM-2PM, TUESDAY

11:30AM - 9PM, WEDNESDAY- SUNDAY



## *Holiday Hours*

DECEMBER 24TH  
CLUB CLOSED

DECEMBER 25TH  
CLUB CLOSED

DECEMBER 26TH  
CLUB CLOSED

DECEMBER 27TH-30TH  
11:30AM - 9PM

DECEMBER 31ST  
CLUB OPEN 10AM-2PM

JANUARY 1ST  
NEW YEAR'S DAY  
LEVEE  
11:30AM- 3PM





# upcoming events

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December - January

<u>Hors D'Oeuvres Night</u>	December 1
<u>Friday Night Melodies</u>	December 1, 8, 15, 22, 29
<u>Prime Rib Dinner</u>	December 3, 10, 17
<u>Christmas Wassail</u>	December 15
<u>Christmas Brunch &amp; Cookie Decorating</u>	December 17
<u>New Year's Levee</u>	January 1
<u>Friday Night Melodies</u>	January 5, 12, 19, 26
<u>Prime Rib Dinner</u>	January 7, 14, 21, 28
<u>Trivia Night</u>	January 11
<u>Afternoon of Painting</u>	January 14
<u>Hors D'Oeuvres Night</u>	January 26



The *Lifelines* you read are written by the members and staff of this club. If you have any questions about submitting items for the *Lifeline* please contact Callie MacDonald (editor) at [communications@rnsys.com](mailto:communications@rnsys.com) or Luke Porter (design) at [racedirector@rnsys.com](mailto:racedirector@rnsys.com).